



### Recipe of the Week

#### Stewed Tomatoes with Yellow Squash—by Margie Pikarsky

Coarsely chop some Roma tomatoes and cook gently in a saucepan. Add your favorite seasonings (basil or oregano, garlic and onions are always winners). Salt and pepper to taste. Cut yellow squash into thick slices, and add to tomatoes. Cook until yellow squash is tender, but not fully transparent. Serve.

The South Florida Farmers Market is ending Sunday April 9th. . It's from 9-1 in the parking lot of Gardner's Market in Pinecrest, just east of US1 on SW 124th Street.

### Featured Items

**Daikon:** This versatile vegetable can be eaten raw or cooked. Often pickled, it makes a great addition to soups. It can also be cooked (steamed or boiled) and mashed with a bit of butter and milk (or your favorite mashed potato mixins'). Make a mash with half potatoes and half daikon-yummy!

**New Red Potatoes:** There's nothing like newly-dug potatoes. Their tender skin does not need peeling at all—just rinse and cook. Garnish with some parsley and olive oil instead of butter.

### Tidbits

**Going out of town?** Please let us know by email no later than Wednesday night, as we start getting things ready very early on Thursday. Send us an email (office@pikarco.com) and cc: your pickup site coordinator. If you don't notify us in time, we'll send your share as usual and you will forfeit the credit. There is a max of 2 credits per season, and 2 makeup weeks at the end to redeem your credits.



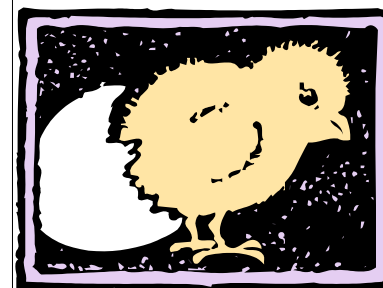
### Farm News

April 1st— it's April Fools' Day... so you won't believe me when I say— it's over— no more shares, we're finished! (just kidding). There's three more weeks, then the two makeup weeks after that. But it's definitely all starting to downslide. The season is nearly over.

Spring is here. Our very noisy purple martins have arrived, and are busy pairing off and making their nests. We have also been seeing three (!) indigo buntings visiting our feeders. Normally we see painted buntings, which are pretty amazing birds themselves, but these guys are like a flash of azure blue. Oh, my!

Our barn cat, Merlot ('Sir Meows-a-Lot') has totally made himself at home. He showed up late in October, hungry for food and love, and settled in. We had him neutered and gave him his shots once we realized he was here to stay. Everyone loves him. We had to institute a feeding chart, because everyone was feeding him every time he meowed! He's about a year old, but inexperienced in the ways of barn cats. He's just become proficient at catching lizards, and has been eyeing the birdies. Now if he would only start chasing the mice....

## **INSIDE → what's in the shares today? →→**












### Egg Corner

We've ordered our baby chicks from Murray McMurray Hatchery—they're due to be hatched and arrive early in the week of June 12. This time we put together our own assortment. When they mature and begin to lay eggs (in November/December), the eggs will range from white to speckled to dark chocolate brown to blue and green (these are from the Auracanas— the so-called 'Easter-egg chickens'), and all shades of cream and brown. We're looking forward to the day we get the phone call from the Post Office, telling us our 'peepers' are here! This coming winter, we plan to have an abundance of our wonderful certified organic eggs!!



**It's rich, "organic", down-to-earth, user-friendly, and nourishing!**

**FULL share**

4 squash	Yellow Squash (HOF)	
2 daikons	Chinese Daikon (WF)	
1 bunch	Green Kale (WF)	
1 large bag	New Red Potatoes (WF)	
1 head	Bok Choy (WF)	
1 bunch	Parsley (WF)	
1 bunch	Purple Spring Onions (BF)	
Large box	Roma Tomatoes (SOF)	
6 grapefruit	Ruby (russet) Grapefruit (PG)	
1 each	This NEWSLETTER	
1 dozen	STOP! EGG SHARE SUBSCRIBERS ONLY!!	

**What does it look like?**

*Pictures are Courtesy of Marian Wertalka, CSA member and CSA video documentary producer (in the works)*

**SORRY!**

**NO Xtras Box this week!**

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**NO SUBSTITUTIONS**

Please DON'T swap something out from the shares -YOU'LL BE DEPRIVING SOMEONE OF THEIR FOOD!!

**TOMATO CORNER**

**This week: everyone**

- Group A: BEACH, BWD-EAST, BWD-WEST
- Group B: CHURCH, GABLES, GROVE
- Group C: KEYS, NoMIA
- Group D: PalmettoBAY, SoMIA, BHF








**EGG CORNER**

**This week: Group I**

- Group I: BEACH, BWD-EAST, BWD-WEST, CHURCH, SoMIA, BHF.
- Group II: GABLES, GROVE, KEYS, NoMIA, PalmettoBAY

Look for the "Featured Items" column on the back page.

**HALF share**

|                                                                                       |                               |                          |
|---------------------------------------------------------------------------------------|-------------------------------|--------------------------|
| <i>Not listed here? leave it be!!</i>                                                 |                               |                          |
| <b>NO SUBSTITUTIONS</b>                                                               |                               | <b><u>Take this</u></b>  |
|    | Yellow Squash (HOF)           | 3 squash                 |
|    | Chinese Daikon (WF)           | 1 daikon                 |
|    | Green Kale (WF)               | 1 small bunch (RED TAPE) |
|   | New Red Potatoes (WF)         | 1 small bag (GREEN DOT)  |
|  | Parsley (WF)                  | 1 small bunch (RED TAPE) |
|  | Roma Tomatoes (SOF)           | Small box                |
|  | Ruby (russet) Grapefruit (PG) | 3 grapefruit             |
| This NEWSLETTER                                                                       |                               | 1 each                   |
| <b>STOP! EGG SHARE SUBSCRIBERS ONLY!!</b>                                             |                               | 8 eggs                   |

**Which farms supplied this week's shares? — LOCAL and ORGANIC — All are Florida farms** Rachel's Eggs (BHF)\*=Bee Heaven Farm

WF\*= Worden Farm / SOF=Somerset Organic Farms / BF=Blumenberry Farm / LMF= Lady Moon Farm /PG=Pressley Groves

\*Redland Organics founders & grower members