



### Featured Items

**Green Glaze Collards:** Our heirloom collard greens are an old Southern variety that is not well known. However, they're sweet and suprisingly tender. Prepare them with Sadie's recipe (on page 4).

**Valencia oranges:** This late in the season, Valencia oranges are about the only local citrus you'll find around, except for some laggard grapefruit. And if you're lucky, you might have a few limes. Valencias are great juice oranges, but they're also good eating.



**What does it look like?** Every week, we include pictures to help you identify everything in your shares, especially those strange things you never saw before!... courtesy of Marian Wertalka, CSA member

**About the shares...** There are two sizes of box, corresponding to the two share sizes. And, no, **two half-share boxes do NOT equal one full-share box**. If you're sharing with someone, or if your full share box is missing (hopefully not!) please DON'T take two half-share boxes if you paid for a full share. We also have an eXTRAs box, with goodies to rummage through and exchange with others—but they go fast!

| Food Miles      | What's in my share box today?   |
|-----------------|---|
| <i>From BHF</i> | <i>NOTE: A full share is NOT the same as 2 half-shares!</i>   |
| 160             | <b>Eggplant (LMF) - Full: 2 / Half: 1</b>   |
| 0               | <b>Green Glaze Collards (BHF) - Full only</b>   |
| 165             | <b>Lettuce (WF) - All</b>   |
| 2               | <b>Callaloo (TSF) - Half only</b>   |
| 165             | <b>Leeks (WF) - Full / Half</b>   |
| 160             | <b>Cucumbers (LMF) - All: 1</b>   |
| 165             | <b>Fennel (WF) - Full only</b>  |
| 165             | <b>Scallions (WF) - All</b>   |
| 165             | <b>Parsley (WF) - All</b>   |
| 165             | <b>Dill (WF) - All</b>  |
| 250             | <b>Valencia Oranges (UM) - Full: 5 / Half: 3</b>  |
|                 | ☺ <b>Xtras - pick an item or two — but don't be a piggy!</b>  |
| 0;3;8           | <b>Egg shares, Mediterranean Shares, Cheese shares, and Honey &amp; Pollen shares below are add-on items and are ONLY for those who paid for them!</b>  |
| 3               | <b>Mediterranean Share (HMO): Foule</b>   |
| 3               | <b>Cheese share (HMO): assorted Hani's cheeses – a 16oz share today as makeup for the missed week</b>   |
| 0               | <b>Egg Shares have ended for the season.</b>  |
| 0               | <b>Honey &amp; Pollen Shares are finished for the season</b>  |
|                 | <i>Please remember to return your gently-flattened box each week—directions and a video on how to do it without ripping the box can be found at <a href="http://www.redlandorganics.com/CSAboxes.htm">www.redlandorganics.com/CSAboxes.htm</a>. Or bring a bag and transfer your share when you pick it up— then flatten your box and go!</i> |

**Which farms supplied this week's shares?** -all the farms are located in the South Florida area

WF\*= Worden Farm; BHF\*= Bee Heaven Farm; UM=Uncle Matt's;  
 TSF\*=Three Sisters Farm\*\*, HMO\*\*=Hani's Mediterranean Organics  
 LMF=Lady Moon Farm; \*Redland Organics founders & grower members; \*\*not certified, naturally-grown